

# Operating Procedure

## Covid 19 Plan



In all education, childcare and social care settings, preventing the spread of coronavirus (COVID-19(C19)) involves dealing with direct transmission (for instance, when in close contact with those sneezing and coughing) and indirect transmission (via touching contaminated surfaces).

### Face Covering Policy

Wearing a face covering or face mask in schools or other education settings is not recommended. Face coverings may be beneficial for short periods indoors where there is a risk of close social contact with people you do not usually meet and where social distancing and other measures cannot be maintained, for example on public transport or in some shops. This does not apply to schools or other education settings. Schools and other education or childcare settings should therefore not require staff, children and learners to wear face coverings. Changing habits, cleaning and hygiene are effective measures in controlling the spread of the virus. Face coverings (or any form of medical mask unless instructed to be used for specific clinical reasons) should not be worn in any circumstance by those who may not be able to handle them as directed (for example, young children, or those with special educational needs or disabilities) as it may inadvertently increase the risk of transmission. WithDave Risk Assessment has identified that there is a significant respiratory risk of wearing face coverings in an aquatic environment as when wet face covering will impede normal breathing function.

### Group Size

It is still important to reduce contact between people as much as possible, and we can achieve that and reduce transmission risk by ensuring children, young people and staff where possible, only mix in a small, consistent group and that small group stays away from other people and groups. It is accepted that in this environment it will be difficult to ensure young people will maintain the 2 meter social distancing (SD). Staff will reinforce SD when required. Paddlesport activities delivered by WithDave will be limited to a Maximum of 6 student with one instructor. This will be referred to as a 'Paddle Bubble' There will be a maximum of three Paddle Bubbles (PB) at the Milton Country Park Paddlesport provision. These will be identified by colour (Red, Blue and Green)

WithDave and The School should therefore apply the hierarchy of measures set out below:

- Avoiding contact with anyone with symptoms
- Frequent hand cleaning and good respiratory hygiene practices
- Regular cleaning of settings
- Minimising contact and mixing

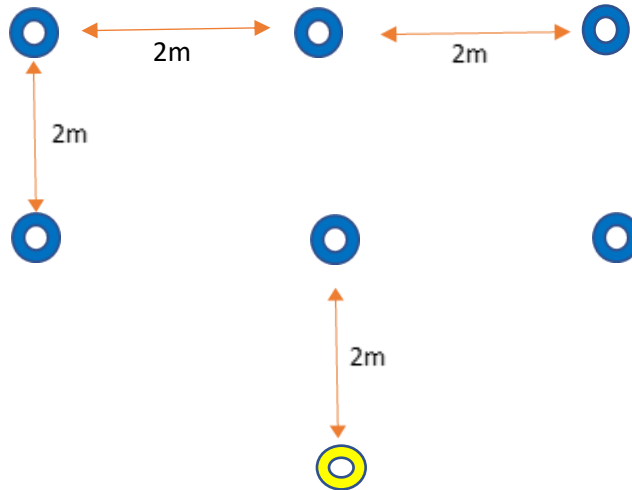
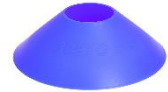
### Paddle Bubble operation

Following guidance WithDave will keep Paddle Bubbles together where possible and:

- Ensure that children and young people are in the same PB at all times each day, and different PB's are not mixed during the day, or on subsequent days
- Ensure that the same Paddlesport instructor and other staff are assigned to each PB and, as far as possible, these stay the same during the day and on subsequent days.
- Ensure that wherever possible children and young people use the same area of a setting throughout the day, with a thorough cleaning of the area at the end of the PB session. In schools and colleges,
- We will use a Paddle Bubble grid to help the children and young people maintain SD.

## Paddle Bubble Grid

These grids will be used to help children and young people to maintain the social distancing of 2m. Sports cones will be used to establish a grid as below. These where possible should be colours to the BP identification colour. An instructor cone should also be used to support SD understanding.



Paddle Bubble Grids will be established at two points;

1. The Admin and Welfare area – This is where the young people will be able to leave their personal possessions. They will each have a cone by which they will leave their Change of clothes and any medication etc. The children and young people will be provided with a clear plastic sack style bag to place their belongings to protect it from the weather. They will be shown how to fold the bag to minimise the potential of content getting wet. This area may have Toilets but will have hand washing facilities this area.
2. Paddlesport areas – Each PB will operate from separate areas around the lake. The grid will be established for group management and for the children and young people to have an area to leave their drinks bottles and emergency medication. These areas will be managed by the activity instructors.

### Pre session set up

All activity staff will work together to set up for the Paddle bubbles, Admin and Welfare area.

This will include:

#### Paddle Bubble

- All craft will be taken to Bubble area
  - Canoe - Pontoon and area to right
  - Sit on top – area to left of pontoon
  - SUP's – TBC
- Paddles
- All boats and paddles will be sprayed with Virkon-S  
<http://www.dolittlefarm.com.au/docs/VirkonBrochure.pdf>  
Virkon® S 50 x 5g Tablets per 1lit (1 lit should do 4-5 Open boats as they are non-absorbent Surface) solution delivered by pressure spray
- Safety equipment
  - Throw line
  - First aid kit
  - Covid Tow line (floating line with float and big scaffold crab)

- Short casualty tow line (1m 18mm polypropylene line with loop for karabiner and large knot in the other end)
- First Aid PPE (as directed by School covid 19 first aid policy)
- Bubble grid 6 PB colour cones and one instructor cone (yellow)

Admin and Welfare Area (to be provided and managed by The School)

- Hand washing station
- Waste Bin's
- Toilets
- Bubble grids with Plastic bags
- Health Check Station ?

#### Paddlers arrival

1. Children and Young people arrive and are health screened.
2. Children and Young people will go to their cone in their bubble grid within the Admin and Welfare area.
3. Buoyancy aids and helmets (for Sit on Top) are issued, donned and checked visually Instructors required to assist and or check will wear face mask and gloves.
4. Once the group is assembled the Bubble instructor will take their bubble to the paddle location.
5. Children and Young people stand within the paddle grid at the paddle location. Drinks bottles should be left by their cone.
6. Paddlers are in turn invited to take to their craft
7. At the end of session, the bubble will return to bank land and exit boats
8. Paddler will wait by their cone and collect their water bottle.
9. When full group is ready, they are taken to bubble area in Admin and Welfare area
10. Our staff will release the Children and Young people into the control of their responsible adult collecting them.

#### Between Sessions

- Instructors will Dip and hang Buoyancy aids and helmets short tow lines and any throwlines used in dip barrel with a solution Dettol Laundry Sanitiser 1:20
- The Bubble instructor will disinfect boats and paddles used in session sprayed with Virkon-S 100:1
- Reset Paddle location for afternoon
- Reset their afternoons PB area in the Admin and Welfare area.

#### End of day

- Instructors will Dip and hang Buoyancy aids and helmets short tow lines and any throwlines used in dip barrel with a solution Dettol Laundry Sanitiser 1:20
- The Bubble instructor will disinfect boats and paddles used in session with Virkon-S 100:1
- Make up their PB area in the Admin and Welfare area.
- Move boats and paddles back to storage
- Check site
- Secure storage and storage.

#### On water Capsize

- SUP and Sit on Top Instructor will encourage paddler to remount the craft
- Canoe the swimmers will go to each end of instructor boat using the short tow line to hold if needed. Instructor empties boat from end. Instructor supports students boat from the end while paddler get back in. Tow ropes are replaced if used
- If instructor needs to take paddler back short tow line is used.
- If instructor contacts any paddler to resolve an issue this should be at a last resort but water safety takes priority above Social Distancing. A Social Distance form is completed.

#### First Aid

- First aid will take priority over SD PPE should be used in line with policy.
- A Social Distance form is completed.

#### Information for Participants above normal

- Paddler should be dropped off more than 15mins before session
- Paddler should take minimal personal property and no items of values should be taken.
- Toilets are available for emergency use only.
- Parents/guardians will be informed by the bubble instructor on collection if any staff are requires to break social distancing for any reason.